

Training & Development

Certificate of Training

This is to certify that

John Garnett

Has successfully completed the following Course

SAFE WORKING AT HEIGHTS FROM LADDERS LEVEL 3

- Appreciation of the requirements of UK legislation.
- Understanding the difference between fall arrest & fall restraint.
- The importance of correct anchorage.
- Understand the method of correct fitting, usage & inspection of fall protection equipment.
- Securing leaning ladders & using fall protection equipment
- Appreciating the standards for roof safety and the hazards to be avoided.
- Access procedure for portable ladders onto a pitched roof.
- Safe transfer method from a leaning ladder to a pitched roof using fall protection equipment.
- Dormer access techniques using the new Apple Group System.
- Self Rescue Techniques from a leaning ladder
- Practical Demonstration of equipment by all course candidates.

Valid From: 16/10/2015

Valid To: 16/10/2020

Signed

R E Appleyard

On behalf of Apple Group

Certificate Number

AG220186

